### Sodium sulfate-Based Preparation (Suprep)

Discontinue diet medications 2 weeks prior to procedure.

<table>
<thead>
<tr>
<th>7 days before procedure</th>
<th>2 days before procedure</th>
<th>Day before procedure</th>
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</thead>
<tbody>
<tr>
<td>Read all prep instructions.</td>
<td>Avoid foods with nuts, seeds, raw vegetables, whole corn and fresh fruit.</td>
<td>BEGIN CLEAR LIQUIDS FIRST THING IN THE MORNING!</td>
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<tr>
<td>Make sure your physician has a list and dosage of your current medications including blood thinners.</td>
<td>Limit red meat.</td>
<td>NO SOLID FOOD, NO ALCOHOL</td>
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<tr>
<td>Report all defibrillator devices to the office in which your procedure was scheduled.</td>
<td>It would be helpful if you drink a lot of fluids today.</td>
<td>At __________ P.M.</td>
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<tr>
<td>Obtain bowel prep products from your pharmacy.</td>
<td>Stop any anti-inflammatory medications (Motrin, Advil, ibuprofen, etc.). Tylenol is ok to use.</td>
<td>Pour the first 6 oz. bottle of Suprep into the mixing container and mix with water to the 16 oz. line. Drink entire contents. Then drink a minimum 32 oz. of liquids.</td>
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<tr>
<td>Stop herbals, vitamins, and oral iron supplements.</td>
<td></td>
<td>The correct timing of this dose is essential to an effective preparation. Drinking fluids following prep will help prevent dehydration.</td>
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<tr>
<td>Confirm that you have a person to stay with you during your procedure and take you home.</td>
<td></td>
<td>If nausea occurs, stop drinking laxative for a short time.</td>
</tr>
</tbody>
</table>

You may take your morning medications except blood thinners, and iron. You can take 1/2 of your usual insulin dose.

On __________ P.M. __________ A.M.

At __________ P.M. __________ A.M.

Pour the second 6 oz. bottle of Suprep into the mixing container and mix with water to the 16 oz. line. Drink entire contents. Then drink 2 more 16 oz. of liquids.

You MUST stop drinking ALL fluids 6 hours before your procedure.

Take insurance cards and a picture I.D.

You must have a driver 18 years old or older. They must remain at the facility the entire time of your procedure. If you do not have a driver, your procedure will be cancelled.

If you think the prep is not working, after 5 pm call 248-544-6959. Do not take more than the prescribed amount of bowel prep.

A FEE APPLIES IF APPOINTMENTS ARE CANCELLED WITHOUT 48 HOURS NOTICE
DAY OF EXAM:


☐ Providence Hospital: Go to the Main Entrance of Providence Hospital, 16001 West Nine Mile Road, Southfield, 248-849-3474. When you enter the building, go to the registration desk.

☐ Providence Park Medical Center: Go to the Outpatient entrance, 47601 Grand River Avenue, Novi, 248-465-4170.

☐ Michigan Endoscopy Center (MEC) at Providence Park: 47601 Grand River Avenue, Suite D, #110, Novi, 248-465-9220.

☐ Beaumont Hospital: Go the north entrance, 3601 West Thirteen Mile Road, Royal Oak, 248-551-5000. When you enter the building go to the registration desk.

☐ Beaumont West Bloomfield Center: 6900 Orchard Lake Rd, Lower Level, Suite 100, West Bloomfield, 248-406-2400.

☐ DMC Lahser Campus: Go the Endoscopy suite, 27207 Lahser Road, Suite 200A, Southfield, 248-359-5575.

☐ DMC/Sinai-Grace Hospital: Go to the main entrance, 6071 W. Outer Dr., Detroit, 313-966-3300. Take elevators to 4th floor. Follow sign to Endoscopy Unit.

☐ St. Mary Hospital: Go to South entrance to information desk, 36475 Five Mile Rd., Livonia, 734-464-8800.